
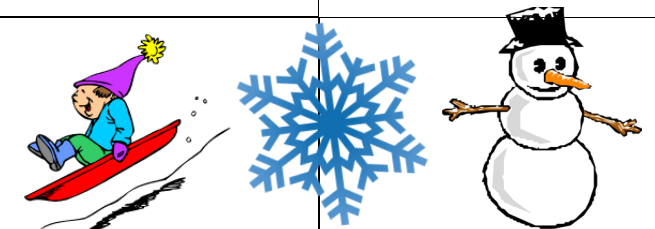


JANUARY 2018



ARNOLD F. HABIG COMMUNITY CENTER
OLDER AMERICANS
 1301 St. Charles Street, Jasper, IN 47546
 Phone: 812-482-4455
www.jasperindiana.gov
Monday-Friday 7:30am-4:00pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
STAFF Carie Dick—Director Renee Clesi—Receptionist		VAN DRIVERS Tanya Jackson Bernie Schaeffer				
	1 CENTER CLOSED 	2 11:15 Blood Pressure Checks 12:00 BINGO	3 9-10:30 Free Computer Assistance 12:30 Mah Jongg 12:30 Tripoley	4 9:00 Exercise Class 9:45 Exercise Class 12:30 Cinch Tourney	5 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Hand & Foot	6
7 Center Closed	8 9:00 Exercise Class 9:45 Exercise Class 12:30 Golf	9 12:30 Scrabble 12:30 Phase 10 3:00 RSVP Catered Meal	10 9-10:30 Free Computer Assistance 12:30 Mah Jongg 12:30 Dominoes	11 9:00 Exercise Class 9:45 Exercise Class 12:30 Rum Tourney 12:30 Book Club	12 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Pay Me	13
14 Center Open 1-4:00	15 CENTER CLOSED Martin Luther King Jr. Day	16 11:15 Blood Pressure Checks 12:00 BINGO	17 9-10:30 Free Computer Assistance 12:00 CATERED MEAL 12:30 Mah Jongg	18 9:00 Exercise Class 9:45 NO Exercise Class 12:30 Sheephead Tourney 12:30 Hand & Foot	19 8:30 Mah Jongg 10:00 Singing Seniors @ Cathedral HC, Jasper 12:30 Dominoes 3:00 RSVP Lunch Bunch	20
21 Center Closed	22 9:00 Exercise Class 9:45 Exercise Class 12:30 Pay Me	23 12:30 Rook	24 9-10:30 Free Computer Assistance 11:00 Lunch Bunch—Los Bravos 12:30 Mah Jongg 12:30 Tripoley	25 9:00 Exercise Class 9:45 Exercise Class 12:30 Euchre Tourney	26 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Hearts	27
28 Center Open 1-4:00	29 9:00 Exercise Class 9:45 Exercise Class 12:30 Texas Hold'em	30 11:15 Blood Pressure Checks 12:00 BINGO	31 9-10:30 Free Computer Assistance 12:30 Mah Jongg 12:30 Phase 10			



AVAILABLE DAILY AT THE CENTER

- **WALKING:** In climate-controlled banquet room, twenty-five (25) laps equals one mile. Available Monday - Friday from 8 a.m. until 3:45p.m.
- **OUTSIDE WALKING TRAIL:** Each lap equals 1/3 Mile. Enjoy nature while you walk! Exercise and enjoy the beautiful winter scenery.



- **FITNESS ROOM:** Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. We ask that you please register at the front desk when using the fitness room.
- **CARDS:** Card tables available for use on a daily basis.
- **BILLIARDS/POOL:** Pool tables are available Monday, Tuesday, Thursday & Friday from 8 a.m. to 3:45 p.m. and Wednesdays from 1 p.m. to 3:45 p.m.



- **COMPUTER LAB:** The computer lab is available for your personal use daily. Ryan is here to assist you every **Wednesday from 9-10:30 a.m.** He will answer your questions regarding computers or assist you with your laptop. We also have wireless internet.



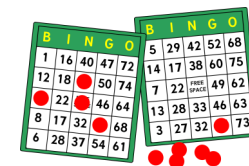
REGULAR SCHEDULED ACTIVITIES

- **SINGING SENIORS:** Meet each Friday morning at 10 a.m. at the Habig Center to practice. They will be singing at **Cathedral Health Care, on Friday, January 19th at 10:00 a.m.**

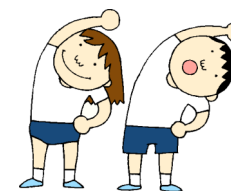


- **PUZZLES:** We have a puzzle on the table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.
- **BLOOD PRESSURE CHECKS:** Will be available in the Banquet Room starting at **11:15 a.m. on Tuesday, January 2nd, 16th and 30th prior to Bingo.**

- **BINGO:** We will play Bingo at **12 p.m. on Tuesday, January 2nd, 16th and 30th.** We ask you to keep bills to \$5's and under as we pay out 100% and do not have change. Cost is \$1.00 per card to play all 50 games and \$.25 to play the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m.
*****You may want to bring a sweater or jacket, it sometimes gets cool.**



- **EXERCISE CLASS:** Every **Monday and Thursday morning at 9 a.m.** in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!



- **EXERCISE CLASS:** For more of a challenge, come in at **9:45 a.m. on Monday and Thursday mornings** for group exercise. It is a great way to get your heart pumping. A staff member is with the group and will help guide you as you go at your own pace.

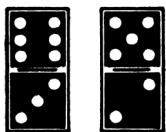
NOTE: There will be NO 9:45 a.m. exercise class on Thursday, January 18th.

CARD TOURNEYS

- **Thursday, January 4th**
Cinch Tourney
- **Thursday, January 11th**
Rum Tourney
- **Thursday, January 18th**
Sheephead Tourney
- **Thursday, January 25th**
Euchre Tourney



- Tourneys begin at 12:30 p.m. Entry fee is \$1.00 and paid back to the 1st, 2nd & 3rd place. **Please sign-up by 10:00 a.m.** the morning of the tourney you are playing in.
- **DOMINOES:** The Mexican Train version will be played at **12:30 p.m. on Wednesday, January 10th, and Friday, January 19th.** It is a fun game that is easy to learn. Everyone is welcome! Please call in by 10 a.m. the morning you plan to play.



- **HEARTS:** We will play at 12:30 p.m. on **Friday, January 26th.** This game is easy to learn and very enjoyable. Please call in by 10 a.m. if you are going to play.

- **PAY-ME:** A game similar to Rum but played with 3 decks of cards, including the jokers, will be played at **12:30 p.m. Friday, January 12th and Monday, January 22nd.** Please call in by 10 a.m. if you are coming in to play.

- **TRIOLEY:** Bring your pennies to play Tripoley at **12:30 p.m. on Wednesday, January 3rd and 24th.** This game is lots of fun! Please call in by 10 a.m. if you are coming to play.

- **SCRABBLE:** Up for a challenge? Come in to play Scrabble at **12:30 p.m. on Tuesday, January 9th.** Please call in by 10 a.m. if you are coming to play.

- **GOLF:** The card game will be played **Monday, January 8th at 12:30 p.m.** Four to six players can play before adding another deck. Low score wins the game. Come join in the fun! Please call in by 10 a.m. if your coming to play.

- **TEXAS HOLD'EM:** Will be played **Monday, January 29th at 12:30 p.m.** There is a \$1.00 charge for the chips. The winner receives a cash prize. Reservations are due by 10 a.m. the morning you play.



- **HAND AND FOOT:** A 2 handed, game of Hand and Foot Canasta. It's played individually with 1 deck per person plus 1 extra deck and all jokers. Join us **Friday, January 5th and Thursday, the 18th at 12:30 p.m.** Please call in by 10:00 a.m. if you are coming to play.

- **MAH JONGG:** Originated in China and is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a "hand". Its concept is similar to Gin Rummy. Games are played on **Wednesdays at 12:30 p.m. and Fridays at 8:30 a.m.** Please give us a call by 10 a.m. if you want to play. New players are always welcome.

- **PHASE-10:** Will be played **Tuesday, January 9th and Wednesday the 31st at 12:30 p.m.** It is a fun easy card game, Please call in by 10:00 a.m. if you are coming to play.



- **BRIDGE:** Free beginner and intermediate bridge lessons are available. Please call Cindy Kluemper at 812.482.3299 or Mary Ann Seng at 812.482.1101.

SPECIAL ACTIVITIES



- **LUNCH BUNCH:** Join us at **LosBravos Mexican Restaurant** at **11:00 a.m. on Wednesday, January 24th.** Reservations are due to the Center by **3:00 p.m. on Friday, January 19th.**



- **CATERED MEAL:** Will be held at **12:00 p.m. on Wednesday, January 17th.** The **Mill House Restaurant** will be preparing the meal. The menu will be: Pecan chicken tenders, garlic red mashed potatoes, blackened cheesy cauliflower, wheatberry bread and butter, and iced tea. The cost of the meal will be \$9.00 payable at the meal. **Reservations are due to the Center by 3:00 p.m. on Tuesday, January 9th.**



- **SUNDAY CENTER HOURS**

The Center is open from **1:00 p.m. to 4:00 p.m. Sunday, January 14th and 28th** for your enjoyment. We appreciate the volunteers who make this possible!

- **CENTER CLOSINGS:**

The Older American Center and Jasper Park Department will be closed:

New year's Day
Monday, January 1st

Martin Luther King, Jr. Day
Monday, January 15th

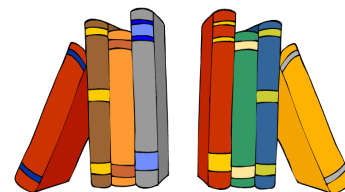
*****WEATHER CLOSINGS*****

Please listen to radio stations WITZ or WBDC to see if we are closed due to inclement weather!



- **BOOK CLUB:** **Thursday, December 14th at 12:30 p.m.** we will be discussing *All together In One Place* by Jane Kirkpatrick. \

The February book will be *Camino Island* by John Grisham. After a shocking heist at Princeton University's Firestone Library, a crew of crooks pulls off a literary crime for the ages, absconding with the original manuscripts of F. Scott Fitzgerald's novels. The FBI uses a novelist, Mercer Mann, with serious writer's block as the bait. Will Mercer sleep with the charismatic bookseller to get close to the precious manuscripts? Join us on December 14th in the library at the Center. New members are always welcome.



- **BOOK SHELF:** The books are downstairs in The Habig Room. Thanks to the generosity of so many, we have a great selection of books for you to borrow. This is a free service to you.



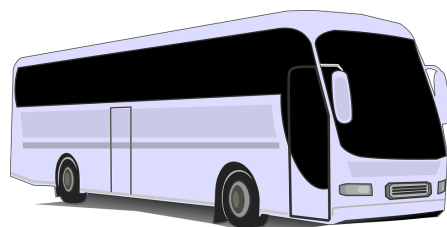
TRIPS

ALL TRIPS AND ACTIVITIES ARE
FOR DUBOIS COUNTY
RESIDENTS 55 YEARS AND OLDER.

- When signing up for trips, only 4 individuals per sign-up (phone call).
- There is a \$25.00 charge for all returned checks.



There are no trips scheduled for the winter season, due to our unpredictable weather this time of year. We will schedule trips in 2018 beginning in March.



2018 NEWSLETTER

The Older American Center's Newsletter can be mailed to you each month, for the entire year, for a small fee of \$7.00 to cover costs. Checks may be made payable to the Older American Center. Please include your address and phone number.

The Newsletter is also available free for you to pick up at the Center in Jasper, Huntingburg's Senior Center, Meadowood, and Ferdinand's Center. It is always available on line at www.jasperindiana.gov

NOTE FROM CARIE

Please be patient during our transition. Change is inevitable and we will have to alter the calendar for the next couple of months. If you have any requests or suggestions, please let me know. Thanks!

RECIPE OF THE MONTH

French Toast Casserole

10 slices of Pepperidge Farm Cinnamon bread
cut into 1 inch cubes

5 eggs, beaten

1 ½ cup milk

1 cup half-n-half

1 tsp vanilla

Dash of salt

2 Tlbs maple syrup

1 cup chopped pecans

½ cup melted butter

1 cup brown sugar



Using a 9 x 13" baking dish, spray with Pam non stick spray. Cut bread into one inch cubes and place in baking dish.

Mix together eggs, milk, half-n-half, and vanilla and salt. Pour over bread. Refrigerate overnight.

When ready to bake combine maple syrup, pecans, melted butter and brown sugar. Spoon over the bread.

Bake 350° for 40 minutes.

Serve with more syrup or powdered sugar.

HUNTINGBURG SENIOR CENTER

JANUARY 2018

Call the Center at 683-2994 to make reservations for the Card Tourneys held at 12:30 p.m. on **Mondays**. You will enjoy the day!!



Get your Blood Pressure Checked
Wednesday, January 3rd from
12:30 - 1:00 p.m.



JANUARY BIRTHDAYS

Bronie Leland	14
Linda Verkamp	14
Alvin Braun	16
Eileen Kiefer	17
Mary Bohnert	22
Charlie Blessinger	25

- **LUNCHEON:** We will be having a carry-in lunch on **Monday, January 29th at noon**. Reservations should be made by **Wednesday, January 24th**.

There are over 400 books on hand for your reading pleasure including: love, inspirational and suspenseful books plus books by authors: Zane Grey, John Grisham, James Patterson, Mary Higgins Clark, Sidney Sheldon, Danielle Steel, Fern Michaels and others

MEMORIAL GYM is open for walking:
Monday-Friday 5:00 a.m.—1:30 p.m.
Saturday 5:00 a.m.—11:00 a.m.

The Huntingburg Senior Center has games and activities available for those who don't play cards including:

Battleship	Boggle	Skip-Bo
Chinese Checkers	Dominoes	Uno
Mastermind	Monopoly	Sorry
Rummikub	Yahtzee	
Puzzle books	Sudoku	
Left, Right, Center		

Deer in the Headlights - A card and dice game. Several have learned to play and really enjoy it.

Boggle - A word game using scrambled letters and a timer.

Electronic dart board & a mini 9-hole golf to practice your putting skills.

We have games scheduled for most days but you are free to do whatever interests you. You do not have to play the game of the day.



NEW YEAR'S EVE PARTY

There will be a New Year's Eve party on Sunday, December 31st at 7:00 p.m. Come join our celebration.

Join **THE SENIOR FUN GROUP** every Tuesday and Friday at 1:00 at Breakway Lanes, 104 E 13th Street, Huntingburg. Bowl 3 games for \$7.35 plus cost of shoes. You will also receive free coffee and popcorn.



****NOTICE****

Due to construction on Market Street Park, the Senior Center card tourney on Mondays and BINGO on Wednesdays will be held at the Huntingburg United Methodist Church (corner of 5th and Main Street) until further notice.

Thursdays we will continue to meet at the Senior Center.

JANUARY 2018



HUNTINGBURG SENIOR CENTER
309 N Geiger St
Huntingburg IN 47542
812-683-2994

Sun	Mon	Tue	Wed	Thu	Fri	Sat
New Year's Eve Party 7:00	1 CLOSED Happy New Year!	2 1:00 Bowling	3 12:30 BP Checks 1:00 BINGO Sponsor: So Care Hospice 2:00 Cards & Games 2:00	4 1:30 Cards & Games	5 1:00 Bowling	6
7	8 12:30 Euchre Tourney Sponsor: The Timbers	9 1:00 Bowling	10 1:00 BINGO Sponsor: St Charles Healthcare 2:00 Cards & Games	11 1:00 Cards & Games	12 1:00 Bowling	13
14	15 12:30 Cinch Tourney Sponsor: Angles of Mercy	16 1:00 Bowling	17 1:00 BINGO Sponsor: Scenic Hills 2:00 Cards & Games	18 1:00 Cards & Games	19 1:00 Bowling	20
21	22 12:30 Euchre Tourney Sponsor: Willowdale	23 1:00 Bowling	24 1:00 BINGO Sponsor: The Waters 2:00 Cards & Games RSVP Carry in Lunch	25 1:00 Cards & Games	26 1:00 Bowling	27
28	29 12:00 Carry-in Lunch 1:00 Cards & Games	30 1:00 Bowling	31 1:00 BINGO 2:00 Cards & Games	